

# **IBS BOLOGNA DAYS 2016** New insights for a better management of irritable bowel syndrome

Wednesday **8<sup>th</sup>** - Friday **10<sup>th</sup> June, 2016** Royal Carlton Hotel - Bologna, Italy



ALMA MATER STUDIORUM UNIVERSITÀ DI BOLOGNA DIPARTIMENTO DI SCIENZE MEDICHE E CHIRURGICHE















Gruppo Italiano per lo Studio della Motilità dell'Apparato Digerente

www.ibsbolognadays2016.it

#### Dear Colleagues,

I am delighted to welcome you to IBS Bologna Days 2016.

The purpose of the meeting is to provide an interactive forum and presentation of up to date Lectures on IBS. With the Scientific Committee, chaired by Professor Vincenzo Stanghellini, we have prepared an exciting programme covering all aspects of IBS, including the newly released Rome IV criteria, clinical algorithms, epidemiology, overlap with comorbid conditions, the role of genetic factors, diet, microbiota, inflammation and infection, diagnosis and biomarkers, as well as current and future therapeutic approaches.

Our aim is to provide the current views as well as a look to the future in the rapidly advancing field of IBS. To do so, we have designed a format based on State of the Art and Keynote Lectures, given by internationally renowed experts, and on Hot of the Press papers, presented by young investigators. We hope that the meeting will promote friendship, exchange of ideas, opinions, discussion of cases and development of research projects that would ultimately advance the field and improve the management of our patients.

*I hope you will enjoy the scientific programme, the medieval flavour of the city, its ancient University (A.D. 1088), as well as the renowned Bologna dishes.* 

Thailaia

**Giovanni Barbara** Congress Chair

# **CONGRESS CHAIR**

Giovanni Barbara, Italy

#### SCIENTIFIC COMMITTEE

Vincenzo Stanghellini - Chair, Italy Enrico Corazziari, Italy Maura Corsetti, UK Cesare Cremon, Italy

# FACULTY

Iuliet Ansell. New Zealand Fernando Azpiroz, Spain Giovanni Barbara, Italv Maria Raffaella Barbaro, Italy Guido Basilisco. Italv Gabrio Bassotti, Italy Franco Bazzoli. Italv Massimo Bellini, Italy Guy Boeckxstaens, Belgium Patrizia Brigidi, Italy Michael Camilleri, USA **Giuseppe Chiarioni**, *Italy* Stephen Collins, Canada Enrico Corazziari, Italy Maura Corsetti. UK **Cesare Cremon**, *Italy* Rosario Cuomo. Italv Mauro D'Amato, Spain **Roberto De Giorgio**, *Italy* **Douglas Drossman**, USA Herbert DuPont, USA Paul Enck, Germany

Claudio Franceschi, Italy Antonio Gasbarrini, Italv Udav Ghoshal, India Kok Ann Gwee, Singapore Cristina Martinez, Spain Fermin Mearin, Spain **Roberto Penagini**. Italv Daria Piacentino, Italy Thierry Piche, France Maria Inès Pinto Sanchez, Canada Giovanni Sarnelli. Italv Franco Scaldaferri, Italy **Carmelo Scarpignato**, *Italy* Robin Spiller, UK Annamaria Staiano, Italv Vincenzo Stanghellini, Italy Jan Tack, Belgium Iulien Tap. France Hans Törnblom. Sweden Lukas Van Oudenhove, Belgium Umberto Volta, Italy

# **Opening Ceremony - Wednesday June 8<sup>th</sup>** Aula Magna Santa Lucia – University of Bologna

#### 17.30 *Welcome*

Giovanni Barbara and Vincenzo Stanghellini, University of Bologna Francesco Ubertini, Rector, University of Bologna Fabrizio De Ponti, President, School of Medicine, University of Bologna Mario Cavalli, General Director, St. Orsola-Malpighi Hospital, Bologna Marco Zoli, Director, Dept. of Medical and Surgical Sciences, University of Bologna Franco Bazzoli, Director, Dept. of Gastroenterology, University of Bologna

#### 18.30 *Lecture*

Why centenarians are centenarians? And what about their offspring and family members? Claudio Franceschi, Emeritus Professor of Immunology, University of Bologna

#### 19.00 Choral performance

**Chorus of the Teatro Comunale di Bologna** Chorus Conductor: Andrea Faidutti Pianist: Cristina Giardini

- G. Verdi, da Nabucco, Gli arredi festivi
- G. Puccini, da Madama Butterfly, Coro a bocca chiusa
- G. Verdi, da Traviata, Coro di Zingarelle e Mattadori
- G. Verdi, da Macbeth, Patria oppressa
- G. Bizet, da Carmen, Choeur des Cigarières
- G. Verdi, da Nabucco, Va' pensiero sull'ali dorate

#### 19.30 **Cocktail**

# Programme - Thursday June 9<sup>th</sup> Royal Carlton Hotel

08.00	<ul> <li>Programme Overview         Giovanni Barbara (Italy), Vincenzo Stanghellini (Italy)     </li> <li>Session I - Rome IV Criteria and Clinical Scenarios         President: Douglas Drossman (USA)         Chairs: Fermin Mearin (Spain), Franco Bazzoli (Italy)     </li> </ul>			
	ROME IV SYMPOSIUM			
08.15	Keynote Lecture Rome IV Criteria: What's new Douglas Drossman (USA)			
08.45	IBS-C and chronic constipation: Marriage or divorce? Enrico Corazziari (Italy)			
09.15	<b>Rome IV diagnostic algorithms for IBS</b> Jan Tack (Belgium)			
09.45	<b>Panel discussion</b> Douglas Drossman (USA), Fermin Mearin (Spain), Franco Bazzoli (Italy), Enrico Corazziari (Italy), Jan Tack (Belgium)			
10.00	<b>IBS symptoms in IBD in remission: Is inflammation the key?</b> Thierry Piche (France)			
10.25	<b>Geographical, cultural and environmental factors</b> Kok Ann Gwee (Singapore)			
10.50	Break			
	<b>Session II - Pathophysiology</b> Chairs: Michael Camilleri (USA), Gabrio Bassotti (Italy)			
11.20	<b>Psyche in IBS: All in the brain after all?</b> Lukas Van Oudenhove (Belgium)			
11.45	<b>Is IBS written in the genes?</b> Mauro D'Amato (Spain)			
12.10	<b>Sensory-motor function and IBS: What's new</b> Maura Corsetti (UK)			

12.35	<b>Gas bloating and distension: A diet, microbiota, sensory-motor interplay</b> Fernando Azpiroz (Spain)
13.00	Lunch
	13.20 - 14.20 SATELLITE SYMPOSIUM - Supported by Allergan Decoding the pain connection in IBS
	<b>Session III – Microenvironment Factors</b> Chairs: Vincenzo Stanghellini (Italy), Roberto Penagini (Italy)
14.30	<b>Gut microbiota: What the clinician should know</b> Patrizia Brigidi (Italy)
14.55	<b>Microbiota and IBS: What is new</b> Uday Ghoshal (India)
15.20	Keynote Lecture Gut microbiota - brain interactions: From basic to clinical science Stephen Collins (Canada)
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15.50	New insights on serotonin Robin Spiller (UK)
15.50 16.15	New insights on serotonin
	New insights on serotonin Robin Spiller (UK) Neuro-immune interactions
16.15	New insights on serotonin Robin Spiller (UK) Neuro-immune interactions Guy Boeckxstaens (Belgium)
16.15	New insights on serotonin Robin Spiller (UK) Neuro-immune interactions Guy Boeckxstaens (Belgium) Break Session IV – Hot Off the Press
16.15 16.40	New insights on serotonin Robin Spiller (UK) Neuro-immune interactions Guy Boeckxstaens (Belgium) Break Session IV – Hot Off the Press Chairs: Guido Basilisco (Italy), Massimo Bellini (Italy) Link between microbiota signatures and IBS severity
16.15 16.40 17.10	New insights on serotonin Robin Spiller (UK) Neuro-immune interactions Guy Boeckxstaens (Belgium) Break Session IV – Hot Off the Press Chairs: Guido Basilisco (Italy), Massimo Bellini (Italy) Link between microbiota signatures and IBS severity Julien Tap (France) Epithelial barrier dysfunction in IBS

# Programme - Friday June 10<sup>th</sup> Royal Carlton Hotel

	Session V – Management I: Diet, Probiotics and Biomarkers Chairs: Jan Tack (Belgium), Rosario Cuomo (Italy)	
08.00	Tandem Talk on FODMAPs Pros: Robin Spiller (UK) Cons: Hans Törnblom (Sweden)	
08.45	<b>Gluten Sensitivity: Starting to tease apart a different entity?</b> Umberto Volta (Italy)	
09.10	Keynote Lecture Experimental and diagnostic value of novel biomarkers Michael Camilleri (USA)	
09.40	<b>Probiotics: Plural activities for a multifaceted pathogenesis</b> Antonio Gasbarrini (Italy)	
10.05	<b>Probiotics and child functional gut disorders</b> Annamaria Staiano (Italy)	
10.30	Break	
	<b>Session VI – Management II: Pharmacological Agents</b> Chairs: Robin Spiller (UK), Carmelo Scarpignato (Italy)	
11.00	<b>Placebo, precebo and nocebo</b> Paul Enck (Germany)	
11.25	<b>Targeting pain in IBS-C: Peripheral versus central mode of action</b> Maura Corsetti (UK)	
11.50	Non-absorbable antibiotics: Targeting dysbiosis and beyond Herbert DuPont (USA)	
12.20	<b>Therapeutic targeting of bile acids</b> Michael Camilleri (USA)	
12.50	<b>New therapeutic perspectives</b> Jan Tack (Belgium)	
13.15	Lunch	

	13.20 - 14.00 SATELLITE SYMPOSIUM - Supported by CadiGroup E. coli Nissle 1917 (EcN) in gastrointestinal disorders				
	Chairs: Vincenzo Stanghellini (Italy), Giovanni Barbara (Italy)				
	<b>EcN: Clinical and experimental data</b> Franco Scaldaferri (Italy)				
	<b>EcN: Potential application in IBS</b> Maria Raffaella Barbaro (Italy)				
	Session VII – Hot Off the Press and Pilot data from RCTs Chairs: Giuseppe Chiarioni (Italy), Roberto De Giorgio (Italy)				
14.30	<b>Kiwifruit in IBS-C: Rationale and evidence</b> Juliet Ansell (New Zealand)				
14.45	<b>Low FODMAP diet is better than low FODMAP gluten free diet in IBS</b> Daria Piacentino (Italy)				
15.00	<i>B. longum</i> NCC: A RCT shows improvement of depression and emotional reactivity in IBS Maria Inès Pinto-Sanchez (Canada)				
15.15	<b>Cannabinoids and their modulation in GI sensorimotor dysfunction</b> Giovanni Sarnelli (Italy)				
15.30	<i>L. casei</i> DG: Preliminary data of a pilot RCT on IBS patients Cesare Cremon (Italy)				
15.45	<b>Concluding remarks</b> Giovanni Barbara (Italy)				

#### **CONGRESS INFORMATION**

**Congress Venues** 

# June 8<sup>th</sup> 2016

**Opening Ceremony** AULA MAGNA SANTA LUCIA Via Castiglione, 36 – Bologna - Italy Tel. +39 051 209 9071

#### June 9th-10th 2016

ROYAL CARLTON HOTEL Via Montebello 8 - Bologna - Italy Tel. + 39 051 249361 www.royalhotelcarltonbologna.com



# **Congress Counter and Registrations**

All congress materials and documentations are available at the Congress Counter which is located at the 1<sup>st</sup> floor of Royal Carlton Hotel.

#### **Opening Hours**

The Congress Counter will be open at the following times: Wednesday, June 8<sup>th</sup>, 2016 from 13.00 to 15.30 Thursday, June 9<sup>th</sup>, 2016 from 7.30 to 18.00 Friday, June10<sup>th</sup>, 2016 from 7.30 to 17.00

During the opening hours the Congress Secretariat can be reached at: Mobile Phone +39 346 0394052 Contact person: Michela Gorgoglione

#### **REGISTRATION FEES**

	<b>Early Fee</b> until February 29 <sup>th</sup> , 2016	<b>Late Fee</b> after February 29 <sup>th</sup> , 2016
Regular Participant Fellow*	366 € 196 €	488€ 305€
Accompanying Person**	125€	125€

The registration fee includes: 22% VAT, admittance to scientific sessions, access to exhibition area, congress kit, lunch breaks, coffee breaks, CME/EACCME Certificate and Certificate of Attendance, Opening Ceremony and Cocktail (June 8th) and Social Dinner (June 9<sup>th</sup>).

(\*) Applicants must be under 40 years of age and a certificate from the supervisor or Head of Department must be forwarded to m.gorgoglione@planning.it together with the registration. (\*\*) Accompanying Persons are people who accompany the participants at the conference. Accompanying persons do not follow the scientific program. The registration fee includes Opening Ceremony, Cocktail (June 8<sup>th</sup>) and Social Dinner (June 9<sup>th</sup>).

#### **On-site Registration**

On-site registration will be processed on a first-come, first serve basis. Priority will be given to pre-registered delegates. Depending on the number of on-site registered delegates, availability of congress material may be limited.

#### **Cancellation policy**

All amendments or cancellations should be submitted by email to Planning Congressi S.r.l.. The cancellation will be accepted within May 15<sup>th</sup>, 2016. Before this date the 50% of the amount will be refunded. Please note that bank administration fee will not be reimbursed. No refund will be made for cancellations made after May 16<sup>th</sup>, 2016. ALL THE REIMBURSMENTS WILL BE DONE AFTER THE CONGRESS

#### **Continuing Medical Education (CME)**

Planning Congressi S.r.l. is a CME provider - identification code no. 38 - and has assigned to the event no. 38-158359 no. 6,5 credits for Physicians for the following disciplines: Gastroenterology Internal Medicine Clinical Pharmacology and Toxicology Paediatric (Paediatricians) Epidemiology Family Medicine Clinical Pathology (Clinical Chemistry Laboratory and Microbiology).

Please be aware that for the acquisition of credits it is mandatory to have attended the 100% of the whole duration of the congress and selected at least the 75% of correct answers of the CME questionnaire.

#### **European CME credits (ECMEC's)**

The event, code no. 13808 was granted 10 European CME credits (ECMEC) by the European Accreditation Council for Continuing Medical Education (EACCME).

#### **Name Badges**

Participants are asked to wear their name badge at all times during the congress. The colours of the name badges have the following significance:

Faculty:	orange
Participants:	blue
Accompanying persons:	pink
Exhibitors:	green
Staff:	red

#### **Congress Language**

The official language of the congress is English. Please note that the simultaneous translation from English into Italian will be provided.

#### **Certificate of Attendance**

A certificate of attendance will be handed out upon request at the Organizing Secretariat counter. The CME certificate will be sent by email by 90 days.

#### Abstracts

Abstracts of all lectures will be uploaded on a USB Flash Drive, kindly provided by Zespri, and will be delivered together with the congress material.

#### **Programme Changes**

The organizers cannot assume liability for any changes in the conference programme due to external or unforeseen circumstances.

#### **Speaker Centre**

The Speaker Centre is located at the 1<sup>st</sup> floor of Royal Carlton Hotel. Speakers are kindly asked to hand an USB stick containing the Power Point presentation (IBM format or compatible, no multisession) preferably one day before their presentation, but at the latest three hours prior their presentation.

Due to time and technical reasons, we kindly ask the speakers not to use their own notebook.

#### **Opening Hours**

The Speaker Centre will be open at the following times: Wednesday, June 8<sup>th</sup>, 2016 from 15.00 to 16.30 Thursday, June 9<sup>th</sup>, 2016 from 7.00 to 18.00 Friday, June10<sup>th</sup>, 2016 from 7.00 to 16.00

#### **Mobile Phones**

Participants are kindly requested to keep their own mobile phones turned off while attending the scientific sessions in the meeting room. Photos or video recording of the meeting is strictly prohibited.

## Cloakroom

A cloakroom can be used free of charge from June 9<sup>th</sup> to June 10<sup>th</sup>, 2016. Participants can also store therein their luggage. The cloakroom is located at the 1<sup>st</sup> floor of Royal Carlton Hotel.

#### Lunches

Lunches will be served free of charge for all registered participants from 13.00 to 14.00 on Thursday June 9<sup>th</sup> and Friday June 10<sup>th</sup>, 2016.

#### **Coffee breaks**

Coffee and tea will be served free of charge for all registered participants during morning and afternoon breaks provided on Thursday June 9<sup>th</sup> and Friday June 10<sup>th</sup>, 2016.

#### **Shuttle buses**

Shuttle buses will be provided in order to reach the Opening Ceremony venue on June 8<sup>th</sup> and the Social Dinner venue on June 9<sup>th</sup>, 2016. Please ask at the Congress Counter the scheduled timetable.

#### Parking

The underground parking of Royal Carlton Hotel is available at the following rates: € 2.00 per hour or € 25.00 per day.

#### **Insurance/Liability**

The organizers does not accept any liability for damages and/or loss of any kind which may be incurred by the congress participants or by any person accompanying them during the congress official activities. Delegates participate in all tours/event at their own risk. Participants are therefore advised to take out insurance against loss, accident or damage that could be incurred during the congress.

# **Organizing Secretariat – CME Provider**



#### Planning Congressi S.r.l.

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#### EXHIBITORS IN ALPHABETICAL ORDER

Name I	Booth No
Ag Pharma Srl	3
Alfa Wassermann	7
Allergan	11-12
<b>Bio Actival Srl</b>	2
Cadi Group Srl	13
ESNM	19
Interalia	16
Italchimici	14
M.G. Lorenzatto	15
Norgine	8
Pegaso Srl	10
<b>Rome Foundation</b>	18
Siffra Farmaceutio	ci 1
Sofar	5
Zambon	4
Zespri	6
Yakult	9





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